

Discover ✧ Play ✧ Move ✧ Learn

# ORTON SUMMER CAMP

## CAMPERS PACKING LIST 2019

\*\*\*PACK LIGHT - CAMPERS NEED LITTLE AND LOSE EVERYTHING!!

- **Craft supplies:**
  - Please bring a white or very light-coloured item that can be decorated with fabric markers (i.e. t-shirt, pillow case, socks)
  - We may call upon you to collect household items - don't stress, simple stuff such as empty juice containers
- **Safety:**
  - Sunscreen and hat
  - Mosquito repellent if you approve of it
- **Clothes for all weather:**
  - Closed-toed shoes to run, hike and play in that can get dirty & wet
  - Dress in layers according to weather
  - Waterproof shoes, such as flip flops, sandals, or rubber boots are encouraged for exploration activities at the local creek and water games
  - Bathing suit & towel are encouraged for water activities (i.e. sprinkler, sponges)
  - Raincoat on rainy days
  - An extra set of clothing (in case of getting too dirty or wet!)
- **Food:**
  - Water bottle (reusable preferred)
  - COMPLETE LUNCH, including morning and afternoon **healthy and filling** snacks to align with our Healthy Active Living Education.
    - *Please keep in mind that your child(ren) may eat more at camp than a typical school day because of increased activity and exercise.*
  - Littlerless Lunch if possible as we will be promoting environmental awareness.
  - Please no nut products - camper allergy alert!

### FREEZIE FRIDAY

- As a special treat for campers on Fridays, we will have freezies as a light, refreshing snack!
- \*\*Please let us know in advance if this poses a problem for your child.